

Sussex Vets League

Enter Track >

Lewes

Enter Date >

11 Jun 2018

Men	Arena 80				Brighton & Hove AC				H
	A	AA	10	8	B	BB	11	1	
	A	B	50+	60+	A	B	50+	60+	
Discus			Graham Shorter		Dave Roberts		Neil Grover		
Triple Jump					Richard McGregor		Dave Roberts		
Pole Vault							Mike Airey		
Javelin	Alan Sylvester						Mike Ellis Martin		
200 metres			John Thompson	Graham Shorter	Paul Howard	Richard McGregor	Matthew Dixon	David Spencer	
800 metres	Joe Ashley	Alex Marek	Trevor Day		Paul Howard	Kevin Rojas	Matthew Dixon		
3000 metres	Joe Ashley	Jon Bowditch			Kevin Rojas		Graham Gooden		
2000m Walk	Graham Shorter		David Kemp				Mike Ellis Martin		
4 x 200 relay	Jon Bowditch				Gerry Lustig				
	Alex Marek				Paul Howard				
	Joe Ashley				Mathew Dixon				
	Teo Van Well	Jon Bowditch, Alex Marek, Joe Ashley & Teo Van Well			Kevin Rojas	Gerry Lustig, Paul Howard, Mathew Dixon & Kevin Rojas			

Women	Arena 80				Brighton & Hove AC				F
	L	LL	20	30	C	CC	21	31	
	A	B	50+	60+	A	B	50+	60+	
Long Jump					Stefanie Dornbusch		Catriona Gardiner		
Discus					Sarah Hewitt		Tracey Brockbank	Judith Carder	
Pole Vault					Sarah Hewitt		Judith Carder		
Shot Putt					Sarah Hewitt		Tracey Brockbank		
200 metres			Lesley Parsons		Jo Wilding	Stefanie Dornbusch	Catriona Gardiner	Judith Carder	
5000 metres					Paula Blackledge	Jeanette Kenneally	Judith Carder		
800 metres			Caroline Wood		Paula Blackledge	Jeanette Kenneally			
2000m Walk			Nicola Yeates		Camilla Moyle	Jo Wilding	Judith Carder		
4 x 200 relay	Lesley Parsons								
	Caroline Wood								
	Michele Saunders	Lesley Parsons, Caroline Wood, Michele Saunders & Brigitte Groves							
	Brigitte Groves								

A80	A80	A80	A80	B&H	B&H	B&H	B&H	CAC		
Arena 80	46	4	Arena 80	16	4	A - AA - 10 - 8	L - LL - 20 - 30	Arena 80	62	4
Brighton & Hove AC	92	2	Brighton & Hove AC	108	1	B - BB - 11 - 1	C - CC - 21 - 31	Brighton & Hove AC	200	1
Crawley AC	0	7	Crawley AC	0	7	H - HH - 15 - 5	F - FF - 28 - 38	Crawley AC	0	7
Eastbourne Rovers A	108	1	Eastbourne Rovers A	78	3	E - EE - 14 - 4	D - DD - 24 - 34	Eastbourne Rovers A	186	2
Hastings AC	0	6	Hastings AC	0	6	M - MM - 16 - 6	T - TT - 26 - 36	Hastings AC	0	6
Haywards Heath & L	62	3	Haywards Heath & L	96	2	G - GG - 17 - 7	K - KK - 27 - 37	Haywards Heath & L	158	3
Worthing & Steyning	17	5	Worthing & Steyning	0	5	W - WW - 12 - 2	X - XX - 22 - 32	Worthing & Steyning	17	5

Crawley AC			Eastbourne Rovers AC				Hastings AC		
HH	15	5	E	EE	14	4	M	MM	16
B	50+	60+	A	B	50+	60+	A	B	50+
			Grant Stirling Grant Stirling Grant Stirling Grant Stirling		Brian Slaughter Brian Slaughter Brian Slaughter	Brian Slaughter			
			Grant Stirling Nigel Duckworth Simon Haddon Simon Haddon Alan Rolfe Martin Bell Garath Taplin Dan Ellis	Dan Ellis Martin Bell Gareth Taplin Martin Bell	Alan Rolfe Alan Rolfe Graham Purdye Graham Purdye	Brian Slaughter			
				<i>Alan Rolfe, Martin Bell, Garath Taplin & Dan Ellis</i>					
Crawley AC			Eastbourne Rovers AC				Hastings AC		
FF	28	38	D	DD	24	34	T	TT	26
B	50+	60+	A	B	50+	60+	A	B	50+
			Jackie Lane Emma Baker		Julie Chicken Angela Morgan				
			Emma Baker		Angela Morgan				
			Jackie Lane Alissa Ellis Alissa Ellis Alissa Ellis Jackie Lane Emma Baker Felicity Webster Julie Chicken	Emma Baker Becky Holaway Felicity Webster Jackie Lane	Julie Chicken Julie Chicken Julie Chicken Julie Chicken				
CAC	CAC	CAC	ERAC	ERAC	ERAC	ERAC	HAC	HAC	HAC

Haywards Heath & Lewes									Worthing			
6	G	GG	17	7	W	WW	12	2				
60+	A	B	50+	60+	A	B	50+	60+				
	James McCavley		Mike Bale John Morgan	John Morgan			Mark Gibbs					
				Mike Bale			Mark Gibbs					
	Andy Dray Tom Mullen James Skinner	Jack Chivers Ben Hodgson Ben Hodgson	John Palmer Jonathan Burrell Paul Cousins	Andrew Chitty	Russell Whiting							
	John Palmer Andy Dray Ian Dumbrell Jack Chivers	<i>John Palmer, Andy Dray, Ian Dumbrell & Jack Chivers</i>										
Haywards Heath & Lewes					Worthing & Steyning							
36	K	KK	27	37	X	XX	22	32				
60+	A	B	50+	60+	A	B	50+	60+				
	Helen Diack Helen Diack Helen Diack Sally Norris		Julie Deakin Linda Tullett Jenny Denyer Jenny Denyer	Jenny Denyer								
	Hazel Bennington Karin Divall Karen Thompson Abigail Redd Jo Buckley Hazel Bennington Julie Deakin Helen Diack	Annie Blacker Abigail Redd Julie Deakin Linda Tullett	Jo Buckley Helen Sida Jo Buckley Andrea Ingram	Jenny Denyer								
HAC	HHH	HHH	HHH	HHH	WDH	WDH	WDH	WDH				
	<i>Jo Buckley, Hazel Bennington, Julie Deakin & Helen Diack</i>											

Sussex Vets League - Lewes - 11 Jun 2018

Men

Field		A	
Grant Stirling	ERAC	E	25.76
Dave Roberts	B&H	B	18.47

Javelin		A	
Grant Stirling	ERAC	E	35.69
Alan Sylvester	A80	A	15.89

800 metres		A	
Paul Howard	B&H	B	2;03.5
Joe Ashley	A80	A	2;05.1
Martin Bell	ERAC	EE	2;31.3
Tom Mullen	HHH	G	2;31.5

3000 metres		A	
Kevin Rojas	B&H	B	9;02.3
James Skinner	HHH	G	9;11.6
Joe Ashley	A80	A	9;13.3
Gareth Taplin	ERAC	EE	11;05.47

2000m Walk		A	
Simon Haddon	ERAC	E	13;19.4
Graham Shorter	A80	A	14;39.6

200 metres		A	
Russell Whiting	WDH	W	25.5
Paul Howard	B&H	B	25.6
Grant Stirling	ERAC	E	26.1
Andy Dray	HHH	G	27.9

200 metres		50+	
Alan Rolfe	ERAC	14	28.3
Matthew Dixon	B&H	11	29.9
John Palmer	HHH	17	30.8
John Thompson	A80	10	31.4

Triple Jump		A	
Grant Stirling	ERAC	E	11.84
James McCavley	HHH	G	8.81
Richard McGregor	B&H	B	8.22

Pole Vault		A	
Grant Stirling	ERAC	E	2.60

Discus		50+	
Neil Grover	B&H	11	33.38
Mark Gibbs	WDH	12	22.90
John Morgan	HHH	17	11.13

Javelin		50+	
Mark Gibbs	WDH	12	34.30
Brian Slaughter	ERAC	14	34.03
Mike Ellis Martin	B&H	11	20.65
Mike Bale	HHH	7	17.16

800 metres		B	
Kevin Rojas	B&H	BB	2;12.5
Alex Marek	A80	AA	2;19.2
Nigel Duckworth	ERAC	E	2;54.6

3000 metres		B	
Alex Beglin	B&H	BB	9;58.9
Jon Bowditch	A80	AA	10;03.3
Ben Hodgson	HHH	GG	10;44.3
Simon Haddon	ERAC	E	11;14.8

2000m Walk		B	
Martin Bell	ERAC	EE	13;35.5

200 metres		B	
Dan Ellis	ERAC	EE	28.4
Richard McGregor	B&H	BB	29.4
Jack Chivers	HHH	GG	30.5

200 metres		60+	
Brian Slaughter	ERAC	4	28.3
David Spencer	B&H	1	28.4
Graham Shorter	A80	8	30.7
John Palmer	HHH	17	35.0

Triple Jump		50+	
Brian Slaughter	ERAC	14	8.89
Dave Roberts	B&H	11	8.82
John Morgan	HHH	17	5.98

Pole Vault		50+	
Mike Airey	B&H	11	1.30

Discus		60+	
Brian Slaughter	ERAC	4	40.43
Mike Bale	HHH	7	28.04

Javelin		60+	

800 metres		50+	
Jonathan Burrell	HHH	17	2;24.6
Alan Rolfe	ERAC	14	2;26.3
Trevor Day	A80	10	2;34.3
Matthew Dixon	B&H	11	2;36.8

3000 metres		50+	
Graham Gooden	B&H	11	9;34.6
Paul Cousins	HHH	17	10;25.9
Graham Purdye	ERAC	14	11;50.8

2000m Walk		50+	
Mike Ellis Martin	B&H	11	12;19.3
Graham Purdye	ERAC	14	13;18.3

4 x 200 relay			
Jon Bowditch, Alex Marek, Joe Ashley & Teo Van Well	A		1;52.1
Alan Rolfe, Martin Bell, Garath Taplin & Dan Ellis	E		1;55.4
John Palmer, Andy Dray, Ian Dumbrell & Jack Chivers	G		1;58.3
Gerry Lustig, Paul Howard, Mathew Dixon & Kevin Rojas	B		1;59.1

Final Scores	Pos	Pts
Eastbourne Rovers AC	1	108
Brighton & Hove AC	2	92
Haywards Heath & Lewes	3	62
Arena 80	4	46
Worthing & Steyning	5	17

Sussex Vets League - Lewes - 11 Jun 2018

Women

Field		A	
Discus			
Sarah Hewitt	B&H C	36.90	
Emma Baker	ERAC D	21.85	
Helen Diack	HHH K	16.00	

Shot Putt		A	
Sarah Hewitt	B&H C	9.82	
Emma Baker	ERAC D	8.72	

2000m Walk		A	
Alissa Ellis	ERAC D	11;53.4	
Abigail Redd	HHH K	12;21.3	
Camilla Moyle	B&H C	13;35.0	

800 metres		A	
Paula Blackledge	B&H C	02:38.5	
Alissa Ellis	ERAC D	02:38.9	
Julie Deakin	HHH KK	03:10.7	

5000 metres		A	
Alissa Ellis	ERAC D	19;59.8	
Paula Blackledge	B&H C	20;34.2	
Karin Divall	HHH K	21;17.9	

200 metres		A	
Jo Wilding	B&H C	29.2	
Emma Baker	ERAC DD	30.9	
Hazel Bennington	HHH K	39.7	

200 metres		50+	
Catriona Gardiner	B&H 21	31.3	
Lesley Parsons	A80 20	33.6	
Jo Buckley	HHH 27	34.5	
Julie Chicken	ERAC 24	40.3	

Long Jump		A	
Catriona Gardiner	B&H 21	3.78	
Julie Chicken	ERAC 24	2.56	
Julie Deakin	HHH 27	2.51	

Pole Vault		A	
Sarah Hewitt	B&H C	1.30	

Track		50+	
Discus			
Tracey Brockbank	B&H 21	17.05	
Angela Morgan	ERAC 24	13.26	
Linda Tullett	HHH 27	9.78	

Shot Putt		50+	
Tracey Brockbank	B&H 21	6.86	
Angela Morgan	ERAC 24	6.83	
Jenny Denyer	HHH 27	5.98	

2000m Walk		B	
Jackie Lane	ERAC DD	15;07.9	
Linda Tullett	HHH KK	16;20.7	

800 metres		B	
Jeanette Kenneally	B&H CC	3;04.0	
Karen Thompson	HHH K	3;12.2	

5000 metres		B	
Jeanette Kenneally	B&H CC	21;34.2	
Abigail Redd	HHH KK	23;14.3	

200 metres		B	
Stefanie Dornbusch	B&H CC	29.8	
Jackie Lane	ERAC D	35.9	

200 metres		60+	
Judith Carder	B&H 31	39.1	
Jenny Denyer	HHH 37	42.5	

Long Jump		50+	
Stefanie Dornbusch	B&H C	3.95	
Helen Diack	HHH K	3.94	
Jackie Lane	ERAC D	3.10	

Pole Vault		50+	
Jenny Denyer	HHH 27	1.30	

Discus		60+	
Jenny Denyer	HHH 37	12.61	
Judith Carder	B&H 31	11.41	

Shot Putt		60+	

2000m Walk		50+	
Andrea Ingram	HHH 27	12;02.5	
Julie Chicken	ERAC 24	13;19.8	
Judith Carder	B&H 21	13;42.7	

800 metres		50+	
Caroline Wood	A80 20	2;51.6	
Jo Buckley	HHH 27	3;05.1	
Julie Chicken	ERAC 24	3;36.1	

5000 metres		50+	
Helen Sida	HHH 27	20;21.4	
	0 A80 20	21;48.7	
Julie Chicken	ERAC 24	25;18.1	

4 x 200 relay		C	
		2;10.0	
Jo Buckley, Hazel Bennington, Julie Deakin & Helen Diack	K	2;32.3	

4 x 200 relay		A	
		2;44.1	

Final Scores	Pos	Pts
Brighton & Hove AC	1	108
Haywards Heath & Lewes	2	96
Eastbourne Rovers AC	3	78
Arena 80	4	16



Sussex Vets League - Lewes - 11 Jun 2018

<u>N/S</u> <u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Age</u> <u>Group</u>	<u>Events</u>
251	Eva Payton-White	Lewes/HHH	U20	2k walk
252	Victor Schofield	Eastbourne	V75	JT DT
253	Oliver Hopkins	Lewes/HHH	U20	2k walk
254	Emma Baker	Eastbourne	U35	SP
255	Nigel Heron	Brighton	V50	200 800
256	Ivy Spencer	Lewes/HHH	U17	Pv
257	Francis Osman Allu	Lewes/HHH	U17	Pv
258	Charlotte Sida	Lewes/HHH	U15	Pv
259	Hannah Russell	Lewes/HHH	U13	Pv
260	Ella James	Lewes/HHH	SW	200
261	Teo Van Well	Arena 80	M35	3000
262	Dan Vaughan	Arena 80	M35	3000
263	Andrew Wood	Arena 80	M35	3000
264	Alex Marek	Arena 80	M35	3000
265	Trevor Day	Arena 80	M35	3000
266	Tristan Sharp	Arena 80	M35	3000
267	John Thompson	Arena 80	M50	800
268	Emily Proto	Arena 80	SW	5k
269	David McKeown-Webster	Arena 80	V35	3k
270	Lauren Morse	Lewes/HHH	U17	2k walk
271	Alan Easey	Vets AC	V50	Pv
272	Richard McGregor	Brighton	V45	DT
273	Wayne Martin	Hastings	V55	PV
274	Ben Anderson	Eastbourne	V40	DT JT
275	Dave Roberts	Brighton	V50	200
276	Kevin Rojas	Brighton	V35	200
277	Jeremy Lusty	Brighton	V60	200
278	Tim Popkin	Lewes/HHH	V35	800 3k 200
279	James McCauley	Lewes/HHH	V35	200
280	Paul Cousins	Lewes/HHH	V50	200
281	Mark McLoughlin	Lewes/HHH	V50	800
282	Ian Dumbrell	Lewes/HHH	V50	800
283	Andy Dray	Lewes/HHH	V35	800
284	Jack Chivers	Lewes/HHH	V35	3k
285	Ben Hodgson	Lewes/HHH	V35	800
286	Mike Green	Lewes/HHH	V35	800
287	Mark McLoughlin	Lewes/HHH	M50	800
288	Barry Tullett	Lewes/HHH	M60	3000
289	Colin Bennett	Lewes/HHH	M	3000
290	Patrick Apantaku	Blackheath & Bro	SM	TJ JT
291	Rob Cooper	Lewes/HHH	V35	800
292	Jo Wilding	Brighton	V35	LJ
293	Daniel Cartledge	Arena 80	V35	JT
294	Shaun Billing	Brighton	V50	3k
295	Karen Thompson	Lewes/HHH	V50	200



Sussex Vets League - Lewes - 11 Jun 2018

Men

<u>Event</u>	<u>N/S No.</u>	<u>Name</u>	<u>Club</u>	<u>Age Group</u>	<u>Performance</u>	
800 U35	291	Rob Cooper	Lewes/HHH	M35	2;24.5	
	283	Andy Dray	Lewes/HHH	M35	2;25.0	
	286	Mike Green	Lewes/HHH	M35	2;26.2	
	284	Jack Chivers	Lewes/HHH	M35	2;27.0	
	278	Tim Popkin	Lewes/HHH	M35	2;29.9	
800 v50	282	Ian Dumbrell	Lewes/HHH	M50	2;31.1	
	281	Mark McLoughlin	Lewes/HHH	M50	2;32.2	
	255	Nigel Heron	Brighton	M50	2;35.6	
	267	John Thompson	Arena	M50	2;44.0	
TJ	290	Patrick Apantaku	Blackheath & Bro	SM	12.48	
2K WALK 200	253	Oliver Hopkins	Lewes/HHH	U20	9;43.7	
	274	Ben Anderson	Eastbourne	V40	27.3	
	276	Kevin Rojas	Brighton	M35	28.2	
	291	Robert Cooper	Lewes/HHH	M35	28.5	
	255	Nigel Heron	Brighton	M50	29.3	
	278	Tim Popkin	Lewes/HHH	M35	29.4	
	280	Paul Cousins	Lewes/HHH	M50	29.9	
	275	Dave Roberts	Brighton	M50	30.8	
	277	Jeremy Lundy	Brighton	M60	32.2	
	3000m	297	Paul Howard	Brighton		9;58.2
		289	Colin Bennett	Lewes/HHH	M	10;06.0
		284	Jack Chivers	Lewes/HHH	M35	10;32.0
		261	Teo Van Well	Arena 80	M35	10;34.5
298		Martin Bell	Hailsham		10;41.4	
263		Andrew Wood	Arena 80	M35	10;42.4	
262		Dan Vaughan	Arena 80	M35	10;45.4	
287		Julian Boyer	Lewes/HHH		10;53.6	
264		Alex Marek	Arena 80	M35	10;59.0	
288		Barry Tullett	Lewes/HHH	M60	11;09.7	
266		Tristan Sharp	Arena 80	M35	11;16.0	
294		Shaun Billing	Brighton	M50	11;23.5	
269		David McKeown-Webster	Arena 80	M35	11;28.7	
265		Trevor Day	Arena 80	M35	11;31.6	
278		Tim Popkin	Lewes/HHH	M35	12;13.8	
PV 4X200		271	Alan Easey	Vets AC	M50	2.90
				Arena 80		2;03.7
DT			Lewes/HHH		2.05.9	
	274	Ben Anderson	Eastbourne	M40	21.65	
	272	Richard McGregor	Brighton	M45	15.42	
JT	252	Victor Schofield	Eastbourne	M75	12.58	
	290	Patrick Apantaku	Blackheath	SM	24.46	
	274	Ben Anderson	Eastbourne	M40	24.37	
	293	Daniel Cartledge	Arena 80		18.28	

252	Victor Schofield	Eastbourne	M75	13.57
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Women

<u>Event</u>	<u>N/S No.</u>	<u>Name</u>	<u>Club</u>	<u>Age Group</u>	<u>Performance</u>
2K WALK	251	Eva Payton-White	Lewes/HHH	U20	11;11.1
	270	Lauren Morse	Lewes/HHH	U17	12;27.8
LJ	292	Jo Wilding	Brighton	W35	3.81
PV	256	Ivy Spencer	Lewes/HHH	U17	3.000
	257	Francis Osman Allu	Lewes/HHH	U17	2.60
	258	Charlotte Sida	Lewes/HHH	U15	2.50
	259	Hannah Russell	Lewes/HHH	U13	2.50
3000m	296	Darja Knotkova-Hanley	Lewes/HHH	U20W	10.34.9
200	295	Karen Thompson	Lewes/HHH	W50	34.9
5000m	268	Emily Proto	Arena 80	SW	18.23.4

Sussex Vets League - Lewes - 11 Jun 2018

Pos.	Team	Score	
1	Brighton & Hove AC	200	92
2	Eastbourne Rovers AC	186	108
3	Haywards Heath & Lewes	158	59
4	Arena 80	62	46
5	Worthing & Steyning	17	17
6	Hastings AC	0	0

Mens Discus 35+

1	Grant Stirling	Eastbourne Rovers AC	25.76	6
2	Dave Roberts	Brighton & Hove AC	18.47	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Discus 50+

1	Neil Grover	Brighton & Hove AC	33.38	6
2	Mark Gibbs	Worthing	22.90	5
3	Mike Bale	Haywards Heath & Lewes	11.13	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Discus 60+

1	Brian Slaughter	Eastbourne Rovers AC	40.43	6
2	John Morgan	Haywards Heath & Lewes	28.04	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Triple Jump 35+

1	Grant Stirling	Eastbourne Rovers AC	11.84	6
2	James McCavley	Haywards Heath & Lewes	8.81	5
3	Richard McGregor	Brighton & Hove AC	8.22	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Triple Jump 50+

1	Brian Slaughter	Eastbourne Rovers AC	8.89	6
2	Dave Roberts	Brighton & Hove AC	8.82	5
3	John Morgan	Haywards Heath & Lewes	5.98	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Pole Vault 35+

1	Grant Stirling	Eastbourne Rovers AC	2.60	6
2			0.00	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Pole Vault 50+

1	Mike Airey	Brighton & Hove AC	1.30	6
2			0.00	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Javelin 35+

1	Grant Stirling	Eastbourne Rovers AC	35.69	6
2	Alan Sylvester	Arena 80	15.89	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens Javelin 50+

1	Mark Gibbs	Worthing	34.30	6
2	Brian Slaughter	Eastbourne Rovers AC	34.03	5
3	Mike Ellis Martin	Brighton & Hove AC	20.65	4
4	Mike Bale	Haywards Heath & Lewes	17.16	3
5			0.00	2
6			0.00	1

Mens Javelin 60+

1			0.00	6
2			0.00	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens 800 metres A

1	Paul Howard	Brighton & Hove AC	2;03.5	6
2	Joe Ashley	Arena 80	2;05.1	5
3	Martin Bell	Eastbourne Rovers AC	2;31.3	4
4	Tom Mullen	Haywards Heath & Lewes	2;31.5	3
5			0.00	2
6			0.00	1

Mens 800 metres B

1	Kevin Rojas	Brighton & Hove AC	2;12.5	6
2	Alex Marek	Arena 80	2;19.2	5
3	Nigel Duckworth	Eastbourne Rovers AC	2;54.6	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens 800 metres 50+

1	Jonathan Burrell	Haywards Heath & Lewes	2;24.6	6
2	Alan Rolfe	Eastbourne Rovers AC	2;26.3	5

3	Trevor Day	Arena 80	2;34.3	4
4	Matthew Dixon	Brighton & Hove AC	2;36.8	3
5			0.00	2
6			0.00	1

Mens 3000 metres A

1	Kevin Rojas	Brighton & Hove AC	9;02.3	6
2	James Skinner	Haywards Heath & Lewes	9;11.6	5
3	Joe Ashley	Arena 80	9;13.3	4
4	Gareth Taplin	Eastbourne Rovers AC	11;05.47	3
5			0.0	2
6			0.0	1

Mens 3000 metres B

1		0 Brighton & Hove AC	9;58.9	6
2	Jon Bowditch	Arena 80	10;03.3	5
3	Ben Hodgson	Haywards Heath & Lewes	10;44.3	4
4	Simon Haddon	Eastbourne Rovers AC	11;14.8	3
5			0.0	2
6			0.0	1

Mens 3000 metres 50+

1	Graham Gooden	Brighton & Hove AC	9;34.6	6
2	Paul Cousins	Haywards Heath & Lewes	10;25.9	5
3	Graham Purdye	Eastbourne Rovers AC	11;50.8	4
4			0.0	3
5			0.0	2
6			0.0	1

Mens 2000m Walk A

1	Simon Haddon	Eastbourne Rovers AC	13;19.4	6
2	Graham Shorter	Arena 80	14;39.6	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens 2000m Walk B

1	Martin Bell	Eastbourne Rovers AC	13;35.5	6
2			0.00	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens 2000m Walk 50+

1	Mike Ellis Martin	Brighton & Hove AC	12;19.3	6
2	Graham Purdye	Eastbourne Rovers AC	13;18.3	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Mens 200 metres A

1	Russell Whiting	Worthing	25.5	6
2	Paul Howard	Brighton & Hove AC	25.6	5
3	Grant Stirling	Eastbourne Rovers AC	26.1	4
4	Andy Dray	Haywards Heath & Lewes	27.9	3
5			0.0	2

6			0.0	1
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Mens 200 metres B

1	Dan Ellis	Eastbourne Rovers AC	28.4	6
2	Richard McGregor	Brighton & Hove AC	29.4	5
3	Jack Chivers	Haywards Heath & Lewes	30.5	4
4			0.0	3
5			0.0	2
6			0.0	1

Mens 200 metres 50+

1	Alan Rolfe	Eastbourne Rovers AC	28.3	6
2	Matthew Dixon	Brighton & Hove AC	29.9	5
3	John Palmer	Haywards Heath & Lewes	30.8	4
4	John Thompson	Arena 80	31.4	3
5			0.0	2
6			0.0	1

Mens 200 metres 60+

1	Brian Slaughter	Eastbourne Rovers AC	28.3	6
2	David Spencer	Brighton & Hove AC	28.4	5
3	Graham Shorter	Arena 80	30.7	4
4	John Palmer	Haywards Heath & Lewes	35.0	3
5			0.0	2
6			0.0	1

Mens 4 x 200 relay A

1	Jon Bowditch, Alex Marek, Joe Ashley & Teo Van Well	Arena 80	1;52.1	6
2	Alan Rolfe, Martin Bell, Garath Taplin & Dan Ellis	Eastbourne Rovers AC	1;55.4	5
3	John Palmer, Andy Dray, Ian Dumbrell & Jack Chivers	Haywards Heath & Lewes	1;58.3	4
4	Gerry Lustig, Paul Howard, Mathew Dixon & Kevin Rojas	Brighton & Hove AC	1;59.1	3
5			0.0	2
6			0.0	1

Womens Long Jump 35+

0

1	Catriona Gardiner	Brighton & Hove AC	3.78	6
2	Julie Chicken	Eastbourne Rovers AC	2.56	5
3	Julie Deakin	Haywards Heath & Lewes	2.51	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Long Jump 50+

0

1	Stefanie Dornbusch	Brighton & Hove AC	3.95	6
2	Helen Diack	Haywards Heath & Lewes	3.94	5
3	Jackie Lane	Eastbourne Rovers AC	3.10	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Discus 35+

0

1	Sarah Hewitt	Brighton & Hove AC	36.90	6
2	Emma Baker	Eastbourne Rovers AC	21.85	5
3	Helen Diack	Haywards Heath & Lewes	16.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Discus 50+

0

1	Tracey Brockbank	Brighton & Hove AC	17.05	6
2	Angela Morgan	Eastbourne Rovers AC	13.26	5
3	Linda Tullett	Haywards Heath & Lewes	9.78	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Discus 60+

0

1	Jenny Denyer	Haywards Heath & Lewes	12.61	6
2	Judith Carder	Brighton & Hove AC	11.41	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Pole Vault 35+

1	Sarah Hewitt	Brighton & Hove AC	1.30	6
2			0.00	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Pole Vault 50+

1	Jenny Denyer	Haywards Heath & Lewes	1.30	6
2			0.00	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Shot Putt 35+

1	Sarah Hewitt	Brighton & Hove AC	9.82	6
2	Emma Baker	Eastbourne Rovers AC	8.72	5

3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Shot Putt 50+

1	Tracey Brockbank	Brighton & Hove AC	6.86	6
2	Angela Morgan	Eastbourne Rovers AC	6.83	5
3	Jenny Denyer	Haywards Heath & Lewes	5.98	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens Shot Putt 60+

1			0.00	6
2			0.00	5
3			0.00	4
4			0.00	3
5			0.00	2
6			0.00	1

Womens 5000 metres A

1	Alissa Ellis	Eastbourne Rovers AC	19;59.8	6
2	Paula Blackledge	Brighton & Hove AC	20;34.2	5
3	Karin Divall	Haywards Heath & Lewes	21;17.9	4
4			0	3
5			0	2
6			0	1

Womens 5000 metres B

1	Jeanette Kenneally	Brighton & Hove AC	21;34.2	6
2	Abigail Redd	Haywards Heath & Lewes	23;14.3	5
3			0	4
4			0	3
5			0	2
6			0	1

Womens 5000 metres 50+

1	Helen Sida	Haywards Heath & Lewes	20;21.4	6
2		0 Arena 80	21;48.7	5
3	Julie Chicken	Eastbourne Rovers AC	25;18.1	4
4			0.0	3
5			0.0	2
6			0.0	1

Womens 800 metres A

			0	
1	Paula Blackledge	Brighton & Hove AC	0.0	6
2	Alissa Ellis	Eastbourne Rovers AC	0.0	5
3	Julie Deakin	Haywards Heath & Lewes	0.0	4
4			0.0	3
5			0.0	2
6			0.0	1

Womens 800 metres B

			0	
1	Jeanette Kenneally	Brighton & Hove AC	3;04.0	6
2	Karen Thompson	Haywards Heath & Lewes	3;12.2	5
3			0.0	4
4			0.0	3
5			0.0	2

6			0.0	1
Womens 800 metres 50+			0	
1	Caroline Wood	Arena 80	2;51.6	6
2	Jo Buckley	Haywards Heath & Lewes	3;05.1	5
3	Julie Chicken	Eastbourne Rovers AC	3;36.1	4
4			0.0	3
5			0.0	2
6			0.0	1
Womens 2000m Walk A			0	
1	Alissa Ellis	Eastbourne Rovers AC	11;53.4	6
2	Abigail Redd	Haywards Heath & Lewes	12;21.3	5
3	Camilla Moyle	Brighton & Hove AC	13;35.0	4
4			0.0	3
5			0.0	2
6			0.0	1
Womens 2000m Walk B			0	
1	Jackie Lane	Eastbourne Rovers AC	15;07.9	6
2	Linda Tullett	Haywards Heath & Lewes	16;20.7	5
3			0.0	4
4			0.0	3
5			0.0	2
6			0.0	1
Womens 2000m Walk 50+			0	
1	Andrea Ingram	Haywards Heath & Lewes	12;02.5	6
2	Julie Chicken	Eastbourne Rovers AC	13;19.8	5
3	Judith Carder	Brighton & Hove AC	13;42.7	4
4			0.0	3
5			0.0	2
6			0.0	1
Womens 200 metres A			0	
1	Jo Wilding	Brighton & Hove AC	29.2	6
2	Emma Baker	Eastbourne Rovers AC	30.9	5
3	Hazel Bennington	Haywards Heath & Lewes	39.7	4
4			0.0	3
5			0.0	2
6			0.0	1
Womens 200 metres B			0	
1	Stefanie Dornbusch	Brighton & Hove AC	29.8	6
2	Jackie Lane	Eastbourne Rovers AC	35.9	5
3			0.0	4
4			0.0	3
5			0.0	2
6			0.0	1
Womens 200 metres 50+			0	
1	Catriona Gardiner	Brighton & Hove AC	31.3	6
2	Lesley Parsons	Arena 80	33.6	5
3	Jo Buckley	Haywards Heath & Lewes	34.5	4
4	Julie Chicken	Eastbourne Rovers AC	40.3	3
5			0.0	2
6			0.0	1
Womens 200 metres 60+			0	
1	Judith Carder	Brighton & Hove AC	39.1	6

2	Jenny Denyer	Haywards Heath & Lewes	42.5	5
3			0.0	4
4			0.0	3
5			0.0	2
6			0.0	1

Womens 4 x 200 relay

0

1		Brighton & Hove AC	2;10.0	6
2	Jo Buckley, Hazel Bennington, Julie Deakin & Helen Diack	Haywards Heath & Lewes	2;32.3	5
3		Arena 80	2;44.1	4
4			0	3
5			0	2
6			0	1