

Sussex U17, U 20, SW 3K Champs 2021

1	111	U20	Harriet Bloor	Lewes AC	09:51.9	Gold
2	95	SEN	Darja Knotkova-Hanley	Lewes AC	10:34.8	Gold
3	154	U17	Isabel Guirdham	Lewes AC	10:39.4	Gold
4	134	U17	Amelia Cox	Crawley AC	10:54.0	Silver
5	174	U17	Sophie Morris	Horsham Blue Stars	10:57.0	Bronze
6	170	U17	Ellie Mclean	Eastbourne Rovers AC	10:59.6	

Sussex U17, U20, SM 3K Champs

1	145	SEN	McNally Finn	Brighton Phoenix	08:37.3	Gold
2	158	SEN	Oliver Hamson	Brighton & Hove AC	08:56.1	Silver
3	164	SEN	Reuben Hoyte	Brighton Phoenix	08:58.5	Bronze
4	101	SEN	Kieran Barnes	Crawley AC	09:03.2	
5	84	U20	Thomas Kimber	Crawley AC	09:09.2	Gold
6	176	U17	Luke Newton	Crawley AC	09:28.4	Gold
7	117	SEN	Aiden Briffett	Lewes AC	09:32.5	
8	155	U17	Archie Guppy	Lewes AC	09:33.7	Silver
9	139	U17	Joseph Dobson	Worthing & District Harriers	09:35.0	Bronze
10	194	U20	Archie Rowles	Brighton & Hove AC	09:40.5	Silver
11	178	U17	Fionn O'Murchu	Brighton & Hove AC	09:52.8	
12	199	U17	James Stephen	Eastbourne Rovers AC	09:58.6	
13	218	U20	Ash Williams	Horsham Blue Stars	10:04.3	Bronze
14	144	U17	Samuel Fernley	Haywards Heath Harriers	10:07.9	
15	106	U20	Charlie Beckley	Horsham Blue Stars	10:38.6	
16	156	M54	Adrian Haines	Brighton Phoenix	10:46.2	
17	177	M60	Pete O'Connell	Horsham joggers	10:47.9	
18	195	SEN	Luke Sanders	Crawley Run Crew	11:18.4	