

Arunners 18th May 2022 WSFRL

Position	Time	Number	First Name	Surname	Gender	Gen. Posn.
1	26:41	80	Liam	Briscoe	M	1
2	26:47	180	Toby	Meanwell	M	2
3	26:54	124	Daegan	Beaumont	M	3
4	27:04	382	Sean	Moss	M	4
5	27:06	160	Ben	Pepler	M	5
6	27:30	172	Fraser	Macnicoll	M	6
7	28:25	188	Alex	Rawlinson	M	7
8	28:31	375	Alistair	McGeoch-Williams	M	8
9	28:37	347	Scott	Chinchen	M	9
10	29:03	51	Andrew	Kerr	M	10
11	29:07	156	Adam	Vaughan	M	11
12	29:10	411	Lee	Jestico	M	12
13	29:11	163	Chris	Coffey	M	13
14	29:22	112	Jonathan	Beckett	M	14
15	29:25	362	Ollie	Owen	M	15
16	29:30	181	Will	Monnington	M	16
17	29:32	380	Gary	Witton	M	17
18	29:38	165	Colin	Bennett	M	18
19	30:10	56	Bill	Mackrell	M	19
20	30:35	184	Stewart	Gregory	M	20
21	30:41	506	Mark	Walford	M	21
22	30:48	374	Matthew	Wilson	M	22
23	30:48	359	Amelia	Brown	F	1
24	30:49	361	Andrew	Spells	M	23
25	30:53	15	Oliver	Day	M	24
26	30:58	351	Simon	Turk	M	25
27	31:01	109	Andy	Hind	M	26
28	31:10	18	Mark	Nicholls	M	27
29	31:14	52	Wayne	Kingsnorth	M	28
30	31:17	385	Penny	Scott-Andrews	F	2
31	31:24	116	Phil	Payne	M	29
32	31:29	378	Sam	Vassall	M	30
33	31:34	196	Mark	Halls	M	31
34	31:39	379	Andy	Born	M	32
35	31:44	448	Luke	Minogue	M	33
36	31:51	136	Mark	Mcfarlane	M	34
37	31:55	9	Kirsty	Phillpot	F	3
38	31:58	107	Paul	Cousins	M	35
39	32:00	55	Paul	Luttman	M	36
40	32:10	482	Harry	Foster-Wood	M	37
41	32:14	314	Steve	Eastty	M	38
42	32:20	449	Thomas	Robertson	M	39
43	32:31	313	Lloyd	Meheux	M	40

44	32:36	343	Anthony	Bishop	M	41
45	32:50	373	Lloyd	Palmer	M	42
46	32:51	389	Russell	Harwood	M	43
47	32:52	151	Steve	Seth	M	44
48	32:53	470	Mike	Osman	M	45
49	33:00	45	Jason	Harrold	M	46
50	33:01	90	Paul	Quinnell	M	47
51	33:03	367	Stephen	Cousins	M	48
52	33:08	479	Peter	Phillips	M	49
53	33:11	106	Nick	Phillips	M	50
54	33:13	168	Dom	Doran	M	51
55	33:16	432	Matt	Mason	M	52
56	33:17	194	Andy	Elphick	M	53
57	33:18	265	Mark	Grandy	M	54
58	33:19	309	Adam	Collard	M	55
59	33:19	352	Lee	Oxley	M	56
60	33:22	147	Richard	Gaskill	M	57
61	33:30	140	Matthew	Dougan	M	58
62	33:32	216	Geraldine	Moffat	F	4
63	33:35	269	Robin	Charnock	M	59
64	33:42	16	Oliver	Dewdney	M	60
65	33:43	414	Dave	Dawson	M	61
66	33:44	148	Ryan	Johnstone	M	62
67	33:46	53	Lawrence	Knight	M	63
68	33:52	198	John	Harding	M	64
69	33:54	316	Dan	Salter	M	65
70	33:56	369	Alice	Robinson	F	5
71	33:59	529	Simon	Ucent	M	66
72	34:04	353	John	Pretty	M	67
73	34:05	324	Sarah	Kennett	F	6
74	34:06	48	Sean	Heard	M	68
75	34:06	11	Andrew	Biggs	M	69
76	34:07	115	Julian	Boyer	M	70
77	34:11	245	Charlotte	Reading	F	7
78	34:12	307	Burton	Munday	M	71
79	34:13	442	Malcolm	Footer	M	72
80	34:13	38	Ed	Duke	M	73
81	34:14	357	Andy	Smith	M	74
82	34:14	213	Michael	Jones	M	75
83	34:17	142	Mike	Howard	M	76
84	34:20	337	Gez	Cummins	M	77
85	34:23	121	Ben	Smith	M	78
86	34:36	210	Jo	Mabbitt	F	8
87	34:37	218	Mariusz	Jesionowski	M	79
88	34:39	17	Luke	Dixon	M	80
89	34:42	62	Dan	Smiles	M	81

90	34:43	338	Joseph	Finch	M	82
91	34:45	192	Sean	Covey	M	83
92	34:45	167	David	Prince-Iles	M	84
93	34:46	500	Juliette	Reader	F	9
94	34:54	310	Alex	Gathern	M	85
95	34:56	101	Harry	Degiovanni	M	86
96	34:57	21	Gayle	Tyler	F	10
97	34:57	497	Iris	Bennett	F	11
98	34:57	387	Russell	Banks	M	87
99	35:00	262	Tim	Brown	M	88
100	35:00	481	Darren	Winter	M	89
101	35:04	83	Justin	Curtis	M	90
102	35:06	363	Lee	Gulliver	M	91
103	35:07	342	Steve	Jones	M	92
104	35:08	344	Nick	Siantonas	M	93
105	35:13	226	Jonathon	Edwards	M	94
106	35:14	22	Neil	Phillpot	M	95
107	35:17	93	Miriam	Valencia	F	12
108	35:20	408	John	Barnes	M	96
109	35:21	59	Michele	Nixon	F	13
110	35:24	340	Jake	Fletcher	M	97
111	35:24	507	Michael	Barrett	M	98
112	35:25	370	Tom	Robinson	M	99
113	35:26	290	Anthony	Harden	M	100
114	35:29	12	Andrew	Bishop	M	101
115	35:32	366	Evert	Baker	M	102
116	35:34	225	Sam	Buckland	M	103
117	35:35	528	Brian	Connick	M	104
118	35:36	360	David	Marsh	M	105
119	35:40	145	Peter	Barnes	M	106
120	35:41	29	Steve	Baker	M	107
121	35:45	94	Martin	Loose	M	108
122	35:51	217	Pugs	Reeves	M	109
123	35:53	341	Antonio	Terrano	M	110
124	35:53	492	Dominic	Amey	M	111
125	35:54	155	Xenia	Parsons	F	14
126	35:55	144	Oliver	Haworth	M	112
127	35:55	84	Rosie	Gasson	F	15
128	35:56	7	Annette	Maynard	F	16
129	35:57	169	Dominic	Osman-Allu	M	113
130	35:58	263	David	Phizackley	M	114
131	36:01	489	Andrew	Moore	M	115
132	36:04	294	Adam	Fernandes	M	116
133	36:05	252	Hilz	Pollard	F	17
134	36:10	456	Monika	Novackova	F	18
135	36:12	86	Shaun	Jinks	M	117

136	36:15	67	Dave	Tibbals	M	118
137	36:15	242	Emma	Wickens	F	19
138	36:18	381	Chris	Rowe	M	119
139	36:21	305	Josh	Cable	M	120
140	36:23	6	Jamie	Goodhead	M	121
141	36:26	162	Carl	Dowling	M	122
142	36:36	171	Emma	Rollings	F	20
143	36:41	95	Reg	Shirley	M	123
144	36:43	354	Moir	Amess	F	21
145	36:43	339	Matt	Honey	M	124
146	36:44	383	Mark	Williams	M	125
147	36:48	266	Dave	Reading	M	126
148	36:50	186	Dave	Maskell	M	127
149	36:51	524	Anthony	Coad-Huilo	M	128
150	36:54	384	Lorna	Hackett	F	22
151	36:56	230	Nadia	Anderson	F	23
152	37:01	279	Adam	Holloway	M	129
153	37:02	291	Nathan	Harden	M	130
154	37:11	349	Olivia	Barr	F	24
155	37:12	119	Andrea	Potter	F	25
156	37:17	484	Adrian	Oliver	M	131
157	37:23	154	Uros	Marolt	M	132
158	37:23	260	Matthew	Court	M	133
159	37:26	444	Ian	Dickinson	M	134
160	37:28	24	Stephen	Divers	M	135
161	37:31	332	Alice	Kendall	F	26
162	37:31	276	Neil	Roberts	M	136
163	37:33	293	Chris	Myburgh	M	137
164	37:38	311	Paul	Hill	M	138
165	37:40	318	Tony	Blayden	M	139
166	37:47	235	Elizabeth	Robinson	F	27
167	37:48	350	Delphine	Penning	F	28
168	37:51	143	Mike	Miller	M	140
169	37:52	377	Luke	Lycett	M	141
170	37:53	42	Ian	Greenaway	M	142
171	37:58	264	Peter	Dunne	M	143
172	38:02	285	Ria	Beale	F	29
173	38:08	91	Linda	Tombs	F	30
174	38:09	205	Judith	Carder	F	31
175	38:10	166	David	Foster	M	144
176	38:11	177	Matt	Stainthorpe	M	145
177	38:12	40	Joanna	Fiveash	F	32
178	38:13	304	David	Buckley	M	146
179	38:16	173	Helen	Bowman	F	33
180	38:21	89	Julian	Pringle	M	147
181	38:28	102	Natasha	Sparks	F	34

182	38:30	474	Ian	Wilby	M	148
183	38:33	403	Andrew	Wright	M	149
184	38:36	268	Richard	Ayling	M	150
185	38:37	323	Simone	Cuthbert	F	35
186	38:37	64	Miyu	Stephenson	F	36
187	38:38	200	Michelle	Blackwell	F	37
188	38:40	434	Martin	Allen	M	151
189	38:41	158	Andrew	Chitty	M	152
190	38:42	10	Steve	Barratt	M	153
191	38:44	238	Ellie	Monk	F	38
192	38:48	368	Victoria	Cousins	F	39
193	38:53	54	Mark	Lavender	M	154
194	39:11	96	Luisa	Giammattei	F	40
195	39:15	231	Catherine	Betts	F	41
196	39:18	496	Graham	Liddell	M	155
197	39:18	220	Andy	Fountain	M	156
198	39:19	103	Peter	Loose	M	157
199	39:20	348	Simonetta	D'arienzo-Cole	F	42
200	39:21	286	Shelley	Meyern	F	43
201	39:23	20	John	Palmer	M	158
202	39:31	240	Sue	Barty	F	44
203	39:32	195	Richard	Fitzpatrick	M	159
204	39:34	189	Phil	Gale	M	160
205	39:35	161	Bob	Hughes	M	161
206	39:41	57	James	Mason	M	162
207	39:41	72	Mel	Webber	F	45
208	39:42	30	Richard	Bryant	M	163
209	39:45	386	Lyndsey	Osland	F	46
210	39:46	176	Libby	West	F	47
211	39:48	254	John	Miles	M	164
212	39:49	187	James	Millen	M	165
213	39:54	66	Luke	Taylor	M	166
214	39:56	469	Tony	Pearce	M	167
215	39:58	417	Alan	Pettitt	M	168
216	40:00	1	Cath	Beckett	F	48
217	40:02	137	Marlon	Webb	M	169
218	40:06	327	Angela	Darton	F	49
219	40:10	372	Lesley	Tugwell	F	50
220	40:14	416	Stephen	Entacott	M	170
221	40:22	435	Clive	Walker	M	171
222	40:23	208	Gill	Cammack	F	51
223	40:25	478	Dan	Barnett	M	172
224	40:26	409	Penny	Barron	F	52
225	40:30	459	Jodie	Gadd	F	53
226	40:32	73	Ed	Wheeler	M	173
227	40:33	473	Mark	Ewans	M	174

228	40:35	100	Paula	Wallace	F	54
229	40:37	23	John	Schofield	M	175
230	40:39	239	Elaine	Cruttenden	F	55
231	40:41	404	Kirstie	Hedger	F	56
232	40:45	146	Richard	Burrell-Ashbee	M	176
233	40:48	138	Martha	Matthews	F	57
234	40:56	477	Owen	Davies	M	177
235	41:00	518	Rick	Budd	M	178
236	41:10	190	Nick	Parsons	M	179
237	41:12	335	Brian	Mason	M	180
238	41:16	395	Iain	Campbell	M	181
239	41:17	207	Zoe	Cherryman	F	58
240	41:20	69	Ken	Tulley	M	182
241	41:21	209	Kerry	Kipling	F	59
242	41:27	410	Richard	Barron	M	183
243	41:34	438	Matthew	Horne	M	184
244	41:38	475	Kevin	Valentine	M	185
245	41:40	228	Phil	Szwarc	M	186
246	41:42	232	Sam	Houston	F	60
247	41:43	282	Anna	Barnes	F	61
248	41:43	302	Semeena	Khan	F	62
249	41:44	2	Antonia	Boxall	F	63
250	41:45	406	Miranda	Morley	F	64
251	41:46	423	Richard	Cherriman	M	187
252	41:47	133	Karen	Weller	F	65
253	41:59	123	Catherine	Bradley	F	66
254	42:02	201	Sophie	Goodall-Smith	F	67
255	42:05	149	Simon	Jenner	M	188
256	42:10	185	Tim	Carder	M	189
257	42:12	253	Luke	Leleu	M	190
258	42:14	63	Kevin	Stephenson	M	191
259	42:18	356	Claire	Holding	F	68
260	42:21	33	Lesley	Connolly	F	69
261	42:26	215	Griz	Phillips	F	70
262	42:28	182	Paul	Rawlinson	M	192
263	42:31	436	Robert	Jochimsen	M	193
264	42:33	3	Sheryl	Caldecourt	F	71
265	42:34	365	Rachel	Allison	F	72
266	42:34	364	Charles	Simmonds	M	194
267	42:38	326	Kate	Lassman	F	73
268	42:43	446	Margaret	Wadman	F	74
269	42:44	19	Chris	Page	M	195
270	42:45	491	Clare	Worgan	F	75
271	42:53	398	James	Munden	M	196
272	43:05	300	Gary	Ceaton	M	197
273	43:06	283	Mark	Langhorn	M	198

274	43:07	164	Claire	Hawes	F	76
275	43:08	495	Geoff	Fisher	M	199
276	43:13	237	Tracy	Lockyear	F	77
277	43:15	174	Hugh	St John	M	200
278	43:18	28	Nick	Baker	M	201
279	43:19	8	Jane	Owen	F	78
280	43:20	508	Nicole	Patterson-Lett	F	79
281	43:20	346	Malcolm	Hales	M	202
282	43:21	306	Tim	Kimber	M	203
283	43:23	275	Jules	Roberts	F	80
284	43:26	170	Emma	Gardner	F	81
285	43:28	14	Stuart	Condie	M	204
286	43:33	130	Jane	Schofield	F	82
287	43:42	249	Nic	Jolly	F	83
288	43:44	98	Martin	Smith	M	205
289	43:49	483	Michelle	Feest	F	84
290	43:49	480	Steve	Feest	M	206
291	43:52	75	Sarah	Wilson	F	85
292	44:03	37	Janet	Doyle	F	86
293	44:05	267	Peter	Shaw	M	207
294	44:08	120	Angela	Farthing	F	87
295	44:09	5	Karen	Harvey	F	88
296	44:11	355	Wayne	Gosden	M	208
297	44:14	303	Cindy	Cruickshank	F	89
298	44:23	203	Beverley	Sheridan	F	90
299	44:27	131	Jennie	Wylie	F	91
300	44:28	397	Amy	Devaney	F	92
301	44:31	58	Louise	Mitchell	F	93
302	44:32	31	Mark	Clawson	M	209
303	44:34	315	Ian	Hughes	M	210
304	44:37	527	Ollie	Gibson	M	211
305	44:38	259	Kevin	Batt	M	212
306	44:38	490	Clare	Bartlett	F	94
307	44:39	509	Paul	Melbert	M	213
308	44:39	499	Jen	Bayford	F	95
309	44:44	175	Julie	Deakin	F	96
310	44:47	25	Hugh	Stevenage	M	214
311	44:48	399	Neil	Clarke	M	215
312	44:51	141	Michelle	Duplock	F	97
313	44:56	113	Sarah	Hamilton	F	98
314	45:09	257	Tom	Blaycock	M	216
315	45:17	298	Adam	Stanger	M	217
316	45:20	193	Andrew	Wilkinson	M	218
317	45:21	455	Mark	Wilmot	M	219
318	45:21	223	Paul	Campion	M	220
319	45:27	43	Isla	Greenaway	F	99

320	45:32	334	Lisa	Simmonds	F	100
321	45:33	458	Sarah	Lloyd	F	101
322	45:34	468	Liz	Crockford	F	102
323	45:36	451	Wendy	Mason	F	103
324	45:39	128	Jackie	Ware	F	104
325	45:41	68	Nina	Trevarthen	F	105
326	45:44	503	Lisa	Collingwood-Turk	F	106
327	45:57	26	George	Wotton	M	221
328	46:00	74	Nicky	Wilson	F	107
329	46:02	331	Laura	Carter	F	108
330	46:05	244	Dee	Bedford	F	109
331	46:06	328	Sharon	McHale	F	110
332	46:07	301	Russell	Wells	M	222
333	46:08	127	Helen	Puxley	F	111
334	46:10	296	Sue	Kemp	F	112
335	46:14	280	Ellie	Wells	F	113
336	46:15	439	Viv	Underhill	F	114
337	46:19	498	Izzy	Dewdney	F	115
338	46:28	227	Paul	Crowe	M	223
339	46:29	92	Gillian	Underwood	F	116
340	46:33	437	Julie	Jochimsen	F	117
341	46:34	413	Ian	Wilcox	M	224
342	46:35	44	Clare	Hall	F	118
343	46:41	333	Caroline	Hill	F	119
344	46:45	426	Jill	Page	F	120
345	46:46	425	Margreet	Potter	F	121
346	46:53	251	Peter	Anderson	M	225
347	47:06	152	Tania	Tinslay	F	122
348	47:06	132	Karen	Hall	F	123
349	47:10	336	John	Killick	M	226
350	47:20	272	Kevin	Langridge	M	227
351	47:21	202	Val	Brockwell	F	124
352	47:24	34	Stella	Daff	F	125
353	47:36	246	Jane	Taylor	F	126
354	47:38	412	Lisa	Jestico	F	127
355	47:42	400	Stephanie	Charman	F	128
356	47:42	104	Bryan	Darney	M	228
357	47:48	516	Tiffany	Orton	F	129
358	47:48	505	Lucy	Bateman	F	130
359	47:49	295	Stephen	Hartfield	M	229
360	47:51	345	Jon	Barker	M	230
361	47:52	222	David	Hughes	M	231
362	48:01	401	Trevor	Scott	M	232
363	48:05	526	Sam	Gibson	F	131
364	48:05	517	Sarah	Budd	F	132
365	48:07	135	Lloyd	Ritchie	M	233

366	48:14	460	Tracey	Goult	F	133
367	48:20	450	Anthony	Mason	M	234
368	48:25	454	Sok Wah	Lee	F	134
369	48:28	206	Sonia	Edwards	F	135
370	48:31	422	Derek	Buckman	M	235
371	48:33	50	Cathy	Howe	F	136
372	48:33	243	Sandra	Balcombe	F	137
373	48:35	129	Jane	Pidgeon	F	138
374	48:44	234	Wendy	Whelan	F	139
375	48:48	322	Yian	Solomon	F	140
376	48:50	289	Claire	Harden	F	141
377	48:51	391	Caroline	Bransden	F	142
378	48:58	321	Tracey	Thomas	F	143
379	49:00	126	Georgina	Pacelli	F	144
380	49:03	150	Sorcha	Lee	M	236
381	49:06	108	Carys	Hind	F	145
382	49:06	76	Theresa	Wright	F	146
383	49:14	117	Caroline	Gumm	F	147
384	49:15	520	Luisa	Fitzpatrick	F	148
385	49:19	288	Maria	Weatherstone	F	149
386	49:30	61	Dawn	Rhodes	F	150
387	49:31	32	Sarah	Cole	F	151
388	49:32	212	Ann	Eke	F	152
389	49:34	433	John	Berry	M	237
390	49:35	4	Ruth	Day	F	153
391	49:46	431	Emma	Chapman	F	154
392	49:54	308	Mike	McHugh	M	238
393	49:56	71	Nina	Ware	F	155
394	49:56	27	Peter	Airey	M	239
395	50:02	60	Sophie	Peckham	F	156
396	50:04	501	Karen	Phillips	F	157
397	50:11	525	Jon	Witton	M	240
398	50:14	183	Peter	Hedgethorpe	M	241
399	50:19	513	Stacey	East	F	158
400	50:25	36	Theresa	Donohue	F	159
401	50:35	114	Mark	Songi	M	242
402	50:42	407	Kath	Barnes	F	160
403	50:44	39	John	Evans	M	243
404	50:46	466	Sue	Hollowell	F	161
405	51:10	515	Susan	Douglas	F	162
406	51:15	105	Jayne	Cox	F	163
407	51:20	467	Anita	Watkins	F	164
408	51:35	46	Vanessa	Harrold	F	165
409	51:45	421	Jo	Bull	F	166
410	51:45	428	Gill	Lunn	F	167
411	51:48	125	Dave	Harvey	M	244

412	51:58	255	Colin	Simmons	M	245
413	52:17	452	Mary	Klanczkowski	F	168
414	52:27	471	Lee	Powell	M	246
415	52:31	236	Sandra	Nemorin-Noel	F	169
416	52:33	494	Gaynor	Toms	F	170
417	52:37	273	Sue	Langridge	F	171
418	53:19	461	Helen	Black	F	172
419	53:22	35	Richard	Daniells	M	247
420	53:23	277	Sue	Childs	F	173
421	53:43	271	John	Betts	M	248
422	53:44	519	Debbie	Moore	F	174
423	53:48	325	Tania	Blayden	F	175
424	53:56	82	Ray	Chick	M	249
425	54:07	47	Janine	Haynes	F	176
426	54:16	270	Gary	Tompsett	M	250
427	54:41	99	Liz	Eastwood	F	177
428	54:45	292	Natalie	Myburgh	F	178
429	54:45	211	Jenny	Cass	F	179
430	54:53	214	Ella	Davison	F	180
431	54:54	485	Amy	Victory	F	181
432	54:56	312	David	Mutters	M	251
433	55:04	402	Michelle	Worsey	F	182
434	55:04	445	Lorraine	Hunter	F	183
435	55:05	511	Samantha	Metcalf	F	184
436	55:05	493	Ellie	Taylor	F	185
437	55:06	502	Kate	Elborough	F	186
438	55:25	396	Jackie	Garner	F	187
439	55:32	278	Sarah	Thomas	F	188
440	55:36	250	Sarah	Cutler	F	189
441	55:47	261	Ian	Stevens	M	252
442	55:55	464	Lesley	Card	F	190
443	56:08	405	Paul	Morley	M	253
444	56:16	462	Jacky	Brown	F	191
445	56:24	415	Ian	Hines	M	254
446	56:54	440	Barnaby	Smith	M	255
447	56:54	394	Helene	O'Brien	F	192
448	56:55	453	Roger	Johnson	M	256
449	56:59	274	Chris	Wells	M	257
450	57:03	463	Myra	Jasper	F	193
451	57:05	79	John	Bearman	M	258
452	57:17	284	Anne	Lambert	F	194
453	57:42	118	Allison	Willmore	F	195
454	57:43	134	Katie	Willmore	F	196
455	57:54	110	Rupert	Purchase	M	259
456	58:05	424	Heidi	Chaney	F	197
457	58:05	390	Ashley	Wilkinson	F	198

458	58:14	329	Stef	Ransley	F	199
459	58:34	443	Jane	Adams	F	200
460	58:39	153	Tracy	Eaton	F	201
461	58:47	419	Edna	Clark	F	202
462	59:05	65	Roy	Swetman	M	260
463	59:10	320	Elaine	Rousseau	F	203
464	59:16	224	Emma	Budd	F	204
465	59:26	221	Linda	Woolley	F	205
466	59:28	219	Sarah	Maskell	F	206
467	59:29	457	Nicky	Shaw	F	207
468	59:41	197	Mike	Airey	M	261
469	59:48	388	Laura	Sowton	F	208
470	60:36	13	David	Clark	M	262
471	61:30	504	Lolly	Welch	F	209
472	61:47	78	Jill	Bearman	F	210
473	62:31	530	Neil	Hanson	M	263
474	62:46	299	Holly	Stanger	F	211
475	62:51	297	Paula	Stanger	F	212
476	63:14	523	Emily	Butcher	F	213
477	65:00	81	Jenny	Castle	F	214
478	65:03	85	Sarita	Greenham	F	215
479	65:26	465	Sian	Willett	F	216
480	65:26	476	Sam	Bennett	M	264
481	67:19	87	Susan	Laker	F	217
482	70:02	521	Kirsty	Gray	F	218

Club

Fittleworth Flyers
Lewes AC
Hove Hornets
Worthing Harriers
Lewes AC
Lewes AC
Portslade Hedgehoppers
Worthing Harriers
Steyning AC
Saints and Sinners
Lewes AC
Horsham Joggers
Lewes AC
Haywards Heath Harriers
Worthing Harriers
Lewes AC
Worthing Harriers
Lewes AC
Saints and Sinners
Portslade Hedgehoppers
Tuff Fitty Tri
Worthing Harriers
Worthing Harriers
Worthing Harriers
Burgess Hill Runners
Steyning AC
Haywards Heath Harriers
Burgess Hill Runners
Saints and Sinners
Worthing Harriers
Haywards Heath Harriers
Worthing Harriers
Portslade Hedgehoppers
Worthing Harriers
Horsham Joggers
Hove Hornets
Burgess Hill Runners
Haywards Heath Harriers
Saints and Sinners
Worthing Striders
Lancing Eagles
Horsham Joggers
Lancing Eagles

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Horsham Joggers
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Chichester Runners
Lancing Eagles
Steyping AC
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Portslade Hedgehoppers
Chichester Runners
Burgess Hill Runners
Horsham Joggers
Hove Hornets
Saints and Sinners
Portslade Hedgehoppers
Lancing Eagles
Worthing Harriers
Unattached
Steyping AC
Lancing Eagles
Saints and Sinners
Burgess Hill Runners
Haywards Heath Harriers
Chichester Runners
Lancing Eagles
Horsham Joggers
Saints and Sinners
Steyping AC
Portslade Hedgehoppers
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Steyping AC
Hove Hornets
Portslade Hedgehoppers
Henfield Joggers
Burgess Hill Runners
Saints and Sinners

Steyping AC
Portslade Hedgehoppers
Lewes AC
Tuff Fitty Tri
Lancing Eagles
Goring Road Runners
Burgess Hill Runners
Tuff Fitty Tri
Worthing Harriers
Chichester Runners
Worthing Striders
Fittleworth Flyers
Worthing Harriers
Steyping AC
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Henfield Joggers
Burgess Hill Runners
Fittleworth Flyers
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Tuff Fitty Tri
Worthing Harriers
Crawley Run Crew
Burgess Hill Runners
Worthing Harriers
Henfield Joggers
Unattached
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Inspire Runners
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Fittleworth Flyers

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Saints and Sinners
Foxy Ladies Running club
Unattached
Portslade Hedgehoppers
Unattached
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