

HAYWARDS HEATH HARRIERS



EVENING OPEN TRACK & FIELD MEETING

THURSDAY 25TH APRIL 2019

AT THE CRAWLEY 'K2' STADIUM, Pease Pottage Hill, Crawley, RH11 9BQ

(Licence Number: OUT 19/012)

FEATURING

HAYWARDS HEATH HARRIERS OPEN MILE RACES.

Awards: First 3 Senior & Veteran Women, First 3 Senior & Veteran Men.

MEETING TIMETABLE *

TRACK	FIELD
6.00 100m Wheelchair races All ages	
6.10 60m Girls 9/10, Boys 9/10	6.15 Long Jump Girls 9/10, U13, Boys 9/10, U13
6.20 75m Girls U13, Boys U13	
6.30 100m Girls U15, U17, U20, SW Boys U15, U17, U20, SM	6.30 Javelin Boys U13, U15, U17, U20, SM Girls U13, U15, U17, U20, SW
6.55 150m Girls 9/10, U13 Boys 9/10, U13	
7.15 200m Girls U15, U17, U20, SW Boys U15, U17, U20, SM	7.20 Long Jump Girls U15, U17, U20, SW Boys U15, U17, U20, SM
7.35 600m Girls 9/10, U13, Boys 9/10, U13	7.30 Shot Girls U13, U15, U17, U20, SW Boys U13, U15, U17, U20, SM
7.55 Feature race: 1 Mile SW, VW : SM, VM. Trophies M/F winners – medals 1 st 3 in the 4 Age groups	
8.15 800m Girls U15, U17, U20, SW Boys U15, U17, U20, SM	
8.30 1k Open Race Walk - U13, U15, U17, Sen, Vet – M & F	

Ages at 1st September 2019 (but 9/10 year olds and veterans, age on the day).

Under UKA rules (other than 9/10 year olds). Maximum spike length 6mm. Maximum 4 trials for field events
Entry fees: **POSTAL ENTRIES - £2.50 per event. (closing date 22nd April)** **ON THE NIGHT - £4.00 per event**
** Timetable may have to be delayed according to numbers of entrants*



ENTRY FORM

Name:.....(M / F). Date of Birth...../...../.....

Age Group

Address.....

Club/School..... England Athletics Competition Licence No.....

Entry Fee £.....Events.....

Entry fee (£2.50 per event in advance): **Cheques payable to Haywards Heath Harriers to**

EVENT SEC, 10 Langridge Way, Burgess Hill, West Sussex, RH15 8TN.